



Vera Koo

*"The Most Unlikely
Champion"*

WIFE & MOTHER, AUTHOR, ENTREPRENEUR AND
RETIRED PROFESSIONAL ATHLETE

VERAKOO.COM
HELLO@VERAKOO.COM

Vera Koo is a first-generation Chinese American woman. She's a wife and mother, author, entrepreneur, and retired competition shooter. She's made her home on the West Coast but is an avid traveler, food lover and patron of the arts.



Books

Vera's first book and memoir, "The Most Unlikely Champion," recounts the stories of her life with tremendous introspection and emotional clarity. In her second book, "Wisdom and Things," Vera shares lessons she learned throughout her career as a champion female shooter in a sport marked by its machismo.

Accolades

By the age of 70, Vera Koo was both a national and world titleholder in the sport of Action Pistol Shooting. Vera was the first and only woman in the history of the NRA's Bianchi Cup to win eight National Women's titles. She's won two World titles and was the first woman to place in the overall top 20 at the NRA Bianchi Cup, in 2001.

Reviews

- 1) Review: Success in the Face of Great Odds
- 2) Review: She Did Not Back Down
- 3) 'Wisdom and Things': An Ageless Warrior's Timeless Advice
- 4) Vera Koo Book Review: More Than Meets the Eye

(more reviews available at verakoo.com/reviews)

Life is full of surprises, and there's a **champion** in all of us.
- Vera Koo



Blog

- 1) [Vera Koo: on Hiking The Lanikai Pillbox In Hawaii](#)
- 2) [Vera Koo: On Giving Back Through Writing](#)
- 3) [Twenty Five Yards: Set Small Goals](#)
- 4) [Climbing Your Personal 'Mt. Everest'](#)

Videos

- 1) [Vera Koo 2015 Slide Show](#)
- 2) [NRA Women: Vera Koo The Value of Competitive Shooting](#)
- 3) [NRA Women: Vera Koo Becoming a Warrior](#)
- 4) [Vera Koo Top Women Pistol Shooter](#)

